



SPRING SPORTSPARK TIMETABLE

For more information on sessions, how to book and pricing, visit our website www.sportspark.co.uk or scan the QR code below.

	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
MONDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Independent		Rec Schl - 7 yrs	Rec 8 - 10 yrs				
TUESDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Independent	Inclusive Walking - 9 years		Rec Schl - 7 yrs	Rec Schl - 7 yrs Rec 8 - 10 yrs Rec 11 - 15 yrs	Advanced Tumble Artistic Squad		Adult Gym 16+	
WEDNESDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Open	Inclusive 8 -15 years		Rec Schl - 7 yrs Rec 8 - 10 yrs Rec Schl - 7 yrs Beginner Tumbling	Rec Schl - 7 yrs Rec 8 - 10 yrs Rec 8 - 10 yrs Improvers Tumbling Beginner Tumbling	Rec 11 - 15 yrs	Adult Open Gym		
THURSDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Independent		Rec Schl - 7 yrs Rec 8 - 10 yrs Improvers Schl - 7 yrs	Improvers 8 - 10 yrs Rec 8 - 10 yrs	Improvers 11 - 15 yrs Rec 11 - 15 yrs			
FRIDAY		Pre Schl - Walking Taught	Pre Schl - Walking Independent Baby Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open		Rec 8 - 10 yrs Rec Schl - 7 yrs Improver Tumbling	Rec 8 - 10 yrs Rec Schl - 7 yrs Rec Schl - 7 yrs	Rec 8 - 10 yrs Advanced Tumble	Rec 8 - 10 yrs		
SATURDAY	Rec Schl - 7 yrs	Rec 8 - 10 yrs	Rec Schl - 7 yrs	Artistic Squad									
		Rec Schl - 7 yrs	Rec 8 - 10 yrs										
		Rec Schl - 7 yrs	Rec 11 - 15 yrs	Development Squad									
	Tramp Rec Schl - 7 yrs	Tramp Rec 8 - 15 yrs	Tramp Rec 8 - 15 yrs										

*please note these sessions may not always run due to private hire.



Our timetable is subject to change. For the latest schedule, visit our website.



All day every day for the community.
Sportspark, Norwich Research Park, Norwich, Norfolk, NR4 7TJ

