



SPRING GYMNASTICS

For more information on sessions, how to book and pricing, visit our website www.sportspark.co.uk or scan the QR code below.

	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
MONDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Independent		Gymnastics Sch - 7 years	Gymnastics 8 - 10 years Gymnastics Sch - 7 years				
TUESDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Independent	Inclusive Walking - 9 years		Gymnastics Sch - 7 years Beginner Tumbling	Gymnastics Sch - 7 years Gymnastics 8 - 10 years Gymnastics 11 - 15 years	Artistic Squad Advanced Tumble		Adult Gymnastics 16+ Years	
WEDNESDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Taught	Pre Schl - Walking Open	Inclusive 8 -15 years		Gymnastics Sch - 7 years Gymnastics 8 - 10 years Beginner Tumbling	Gymnastics Sch - 7 years Gymnastics 8 - 10 years Beginner Tumbling Improver Tumbling	Gymnastics 11 - 15 years		Adult Open Gym 16+ Years	
THURSDAY		Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Independent		Gymnastics Sch - 7 years Gymnastics 8 - 10 years	Gymnastics 8 - 10 years Girls Improver Gymnastics 8 - 10 Years Boys Improver Gymnastics Sch - 9 Years	Gymnastics 11 - 15 years Girls Improver Gymnastics 11 - 15 Years Boys Improver Gymnastics 10+ Years			
FRIDAY		Pre Schl - Walking Taught	Pre Schl - Walking Independent Baby Open	Pre Schl - Walking Open	Pre Schl - Walking Open	Pre Schl - Walking Open		Gymnastics Sch - 7 years Gymnastics 8 - 10 years Improver Tumbling Boys Improver Gymnastics Sch - 9 Years	Gymnastics Sch - 7 years Gymnastics 8 - 10 years Gymnastics Sch - 7 Years Girls Improver Gymnastics Sch - 7 Years	Gymnastics 8 - 10 years Gymnastics 8 - 10 years Advanced Tumble			
SATURDAY	Gymnastics Sch - 7 years	Gymnastics Sch - 7 years Gymnastics 8 - 10 years	Gymnastics Sch - 7 years Gymnastics 11 - 15 years	Artistic Squad			Mini Springer Walking - 8 yrs	Mini Springer Walking - 8 yrs		Trampoline Sch - 7 Years	Trampoline 8 - 15 Years	Trampoline 8 - 15 Years	Trampoline Adult

*please note these sessions may not always run due to private hire.



Our timetable is subject to change. For the latest schedule, visit our website.

All day every day for the community.
Sportspark, Norwich Research Park, Norwich, Norfolk, NR4 7TJ

